



NORTHSIDE AREA

MEETING LIST

APRIL 2024

24 HOUR HELPLINE

(713) 661-4200 / ESPAÑOL
888-600-6229

<https://nascona.org>

SUGGESTIONS FOR EVERYONE

DON'T USE no matter what

Ask your Higher Power to keep you clean

Come early and stay late

Get a home group

Go to 90 meetings in 90 days

Read NA literature daily

Get and use a sponsor

Use the PHONE

KEEP COMING BACK. IT WORKS

Meetings Weekly: 33